

# Kuro Obi Kata Sono Yon

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Half of the kata done by half the group, and the other half by the others



Same basic pattern as Taikyoku sono ichi

1. Left kokutsu dachi (KKD), left shuto mawashi uke
2. Step into right Zenkutsu dachi (ZKD), right oroshi tettsui uchi
3. Turn 180° clockwise with right le into right KKD, right shuto mawashi uke
4. Step into left ZKD, left oroshi tettsui uchi
5. Turn 90° to left with left leg, left KKD, left seiken chudan uchi uke
6. Step into right ZKD, right jodan seiken oi-zuki
7. Step into left ZKD, left chudan seiken oi-zuki
8. Right jodan haisoku mawashi geri and step down.
9. Back (left) leg turn to the right (anti-clockwise) into KKD with left shuto mawashi uke
10. Step into right Zenkutsu dachi (ZKD), right oroshi tettsui uchi
  
11. Turn 180° clockwise with right le into right KKD, right shuto mawashi uke
12. Chudan mae geri with RIGHT leg, step with left leg into left fighting stance with left tettsui kome kami
13. Turn left 90° with (front) left leg , ZKD seiken gedan barai
14. Right hiza ganmen geri, land in fighting stance
15. Step into left KKD with shuto mawashi uke
16. Right chudan chusoku mae geri
17. Turn with back (left) left 90° into ZKD with seiken gedan barai
18. Step forward into left ZKD with seiken chudan oi-zuki
19. Turn back 180° with right leg into KKD with seiken chudan uchi uke
20. Step forward into ZKD with left leg and seiken chudan oi-zuki